



Here today, where tomorrow?

Session 1 - Careers, coffee and cake

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Here today, where tomorrow?

- Who are Career North and what is F.A.M.E?
- Careers of the future
- Explore options available post 16
- Explore the changing world of work & jobs of the future
- Time for questions

Who are Career North?

We provide the Careers Advice and Guidance in your School

We usually only see pupils in the year groups above

We are delighted that we can now also help Year 7 pupils





IT'S
NEVER
TOO
EARLY
TO
FOLLOW
YOUR
DREAMS

How your Careers Adviser can help your son/daughter?

- Have a 'Career Conversation' to chat about their plans for the future and if they have no ideas they can work on this together
- Can help them make informed decisions e.g. GCSE choices
- Can help with exam nerves, stress busting, revision & study skills
- Provide advice about getting a part time job or work experience when they are a little older
- Can help identify new leisure time activities and hobbies
- Can help put a CV together



The F.A.M.E Programme

It's not about...



Why F.A.M.E?

- Career North has developed the F.A.M.E programme and has successfully tendered for funds from the Careers and Enterprise Council for 1 year
- By increasing Careers Activities lower down in school and improving access to personal guidance

Career Champions are a key part of this process

The F.A.M.E Programme

Focused and **A**chieving **M**ore in **E**ducation is about...

Helping your son/daughter to:

- ✓ Be ambitious & believe in themselves
- ✓ Be more resilient and bounceback from challenges
- ✓ Get to know themselves and what makes them tick
- ✓ Make better choices
- ✓ Be a better learner – more independent/confident
- ✓ Develop excellent study and revision skills
- ✓ Develop their personal skills
- ✓ Increase their knowledge of what they can do in school, college, University, Apprenticeships, employment
- ✓ Find some interests, join a club, get some experience

Future proof your career

Shift Happens – 6 mins

- <https://www.youtube.com/watch?v=bTM06NZOyDQ&vl=en>

Jobs of the future – 2 mins EY

- <https://ukcareers.ey.com/experienced/the-future-of-work>

Future of work - 5 mins Deloitte

<https://www2.deloitte.com/uk/en/pages/consulting/topics/future-of-work.html>

3 Big Career Questions

- Will I be replaced by a machine?
- Where and how will I find work in the future?
- How will I spend my time in the future/in my job?

CHOOSE A JOB YOU
LOVE, AND YOU WILL
NEVER HAVE TO WORK
A DAY IN YOUR LIFE.
-CONFUCIUS

Handout – 3 big career questions

Quiz - Which job exists now?

- In pairs complete the quiz
- Share answers
- Answers handout for more information



Future proof their career

- <http://www.parentalguidance.org.uk/labour-market-information/20-top-jobs-of-the-future>

Handout
20 Top jobs of
the future

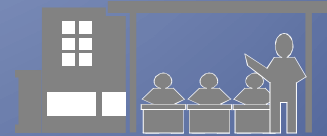


KS3 - Making GCSE choices

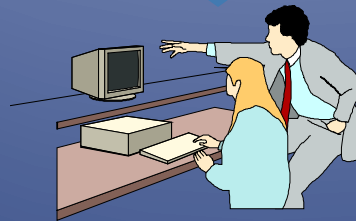
Decision time!



Support
ownership of
decisions



Ensure
breadth to
provide
flexibility



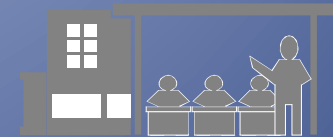
Career ideas then
research GCSE
requirements

KS4 - Making choices for Post 16

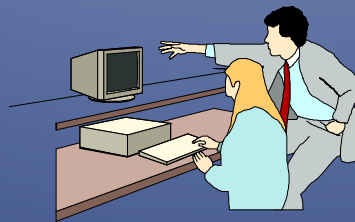
Decision time again!



Apprenticeship



College of
Further
Education



School 6th form

More Careers, coffee and cake...

- ✓ **Smash your studies and ace your exams**, familiarise ourselves with the most effective tried and tested revision skills and techniques & signpost to most useful revision and study skills tools
- ✓ **Motivation Matters** explore how we can through Careers activities motivate and raise aspirations. Explore the 5 second rule (Mel Robbins) and 'activation energy'
- ✓ **Stress and anxiety busting strategies for success** Explore 3 strategies for pupils coping with stress and anxiety & signpost to useful resources
- ✓ **Identify and eliminate barriers to learning and progress** & explore limiting beliefs .Use the Head, Hands and Heart strategy to plan for change
- ✓ **How to talk so kids will listen and listen so kids will talk** (Faber and Mazlish) Tried and tested techniques to improve communication, how to encourage and praise for maximum impact & deal with communication challenges
- ✓ Here today, where tomorrow? Careers of the future
Explore options available post 16
Explore GCSE requirements for specific careers
Explore the changing world of work & jobs of the future

“When I was 5 years old,
my mother always told me that
happiness was the key to life.
When I went to school, they
asked me what I wanted to be
when I grew up. I wrote down
‘happy’. They told me I didn’t
understand the assignment,
and I told them they didn’t
understand life.”

John Lennon

(1940-1980)

InspirationBoost.com

