The Five Year Curriculum: PSHE

Character & Culture Days/LORIC
Personal Development PSHE
CEIAG
Whole School Curriculum
Extra Curricular

UP HOLLAND HIGH SCHOOL
Dedicated to Excellence

Life beyond Up Holland: College Apprenticeship World of Work

Year 7

Transition Days
Transition & Safety
Developing Skills & Aspirations
Health & Diversity

- Relationships LORIC: Resilience
- Become part of the school council
- Health & Wellbeing LORIC: Leadership
- H6: Computing - eSafety
- Career Interviews
- Student Voice – Ground rules consultation
- H7: Science- Fertilisation and reproduction; Homestatis and Response
- Living in the Wider World LORIC: Organisation
- Join Oxfam Youth Group
- Employability skills workshops
- Visiting Speaker: NHS Nurse – Healthy Relationships
- H2: Performing Arts - Bullying
- Relationships LORIC: Communication

Year 8

Drugs & Alcohol
Financial Decision Making
Building Relationships
Community & Careers

- Living in the Wider World LORIC: Organisation
- Assembly on career's – life after school, LMI and career pathways
- Health & Wellbeing LORIC: Leadership
- H10: Science - Health and Lifestyle
- Guest Speakers from Keepmoat and Wind farming industry
- H15: Geography - Work, Rest and Play UK
- Living in the Wider World
- H18: Computing - Digital imaging
- Health & Wellbeing LORIC: Initiative
- L5, L11: English – Victorian Texts
- Relationships LORIC: Communication

Year 9

Peer Influence
Setting Goals
Respectful Relationships
Healthy Life Style

- Relationships LORIC: Resilience
- H17: PA – Don't Blame Facebook
- Living in the Wider World
- Digital Literacy
- Identity & Relationships
- Emotional Wellbeing
- Discrimination
- Relationships LORIC: Resilience
- Health & Wellbeing LORIC: Initiative
- Relationships LORIC: Communication
- Health & Wellbeing LORIC: Leadership
- H4: English – Novels
- L14: Geography – Is the world running out of Natural Resources
- H10: Geography - Unequal world
- Wigan Athletic Enterprise workshops
- R36: Computing – Cyber Security
- Make your informed GCSE option choices
- West Lancs workplace and Further education visit
- H17: PE - Fitness
- H30: Art – Jean Michel Basquiat
- R11: Spanish- Problemas
- Edge Hill University Visit
- Visiting Speaker: NHS Nurse Consent
- R2: PA/PE - Teamwork
- R22-R28: Performing Arts - LGBT
- H32: Science - Organisation
- Health & Wellbeing LORIC: Initiative
- L1: D&T – NEA Tasks
- Relationships LORIC: Communication
- Intimate Relationships
- Employability Skills
- Mental Health
- Career Interviews
- Allaboutfood LTD workplace visit and interviews
- Mock Interviews
- Future U – Sector skills
- Living in the Wider World
- R2: French/Spanish – Family, self and others
- Women in Construction
- R1: Spanish – Todo Sobre Yo
- Attend GSCE Options assembly and Market Place
- Living in the Wider World LORIC: Organisation
- An insight into the Armed Forces and commando Joe's
- Computing: Project Life Style
- West Lancs Careers Fair
- Careers and apprenticeship week
- Join Duke of Edinburgh
- H24: Science – Infection and Response
- R7: French – Technology in everyday life
- Higher Education Fair
- Applying to Oxbridge drop in.
- R17-R19, H4: English – An Inspector Calls
- H10: Photography – Portraiture and Fashion
- H5: English – Spoken Language
- L3: French – Customs and Festivals
- Relationships LORIC: Communication

Year 10

Next Steps
Building for the future
Work Experience
Extremism & Radicalisation

- National Citizen Service sign up
- PiXL Futures sessions
- Living in the Wider World LORIC: Organisation
- CV writing workshop
- How to apply to college session
- Living in the Wider World
- Guest speakers from local college
- Y10 Work Experience
- H4: Religious Studies: Marriage and Family Life
- Visiting Speaker, NHS Nurse for Contraception
- Relationships LORIC: Resilience
- Health & Wellbeing LORIC: Initiative
- H12: Science – Working scientifically
- R4: English – Romeo and Juliet
- Living in the Wider World LORIC: Organisation
- Relationships LORIC: Communication
- Higher Education Fair
- Relationships LORIC: Resilience
- Health & Wellbeing LORIC: Initiative
- Living in the Wider World
- National Apprenticeship Week
- Living in the Wider World LORIC: Leadership
- H13: History - Medicine through time
- Lancaster University Visit
- L14: Geography – Changing the economy
- L11: D&T – Careers in DT/H&C
- R7: French – Current, future study and employment
- Career pathways: medicine, veterinary and dentistry drop in.
- Relationships LORIC: Resilience
- Communication in Relationships
- Independence
- Families