



UP HOLLAND  
HIGH SCHOOL  
*Dedicated to Excellence*

# Personal Development Curriculum 2025-2026

Monday

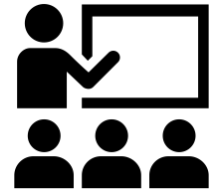
Tuesday

Wednesday

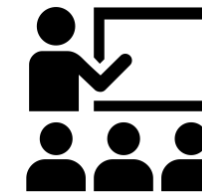
Thursday

Friday

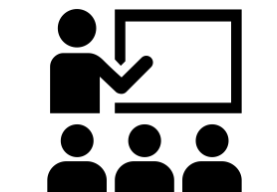
Year 7



Year 8



Year 9



Year 10



Year 11

