

### menu

### expresso

## morning break

Cereals & Fresh Milk	60p	Boiled/Scrambled	
Hot Buttered Toast	25p	or Poached Egg	35р
Buttered Crumpet	50p	Egg/ Beans or Cheese on Toast	70p
½ Plain Bagel	60p	Baked Hash Brown	40p
Fruit Teacake	45p	Sausage or Bacon Barm	£1.50

### **Drinks** Tea Coffee Hot Chocolate Fruit Juice from

# breakfast and

Pizza and C	ariic i	<b>Dread</b> (morning break or	ıly)
Freshly Baked Pizz	a <b>£1.10</b>	Freshly Baked Pizza	
Freshly Baked Pizz	a	with Topping (1/2 Portion)	70p
(1/2 Portion)	60p	Homemade Garlic Bread	70p
Freshly Baked Pizz	a	Homemade Cheesy/	
with Topping	£1.30	Tomato Garlic Bread	75p

Extras	
Fruit Yoghurt	70p
Frozen Yoghurt or Smoothie	50p
Piece of Fresh Fruit	40p
Regular Fresh Fruit Salad	80p
Large Fresh Fruit Salad	£1.30
Sauce Sachet	20p
Flora Portion	15p

40p

50p

90**p** 

65p

## hot counter

### **Main Meals** Served with Accompaniments

### only £2.20 **Main Meal Deal**

Served with Hot Dessert and Sauce or Piece of Fruit or Yoghurt or **Carton of Juicy Water** 

only £2.50

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Crispy Battered Fish	£1.50	Homemade Soup 12oz	90p
Baked Fishcakes x2	£1.20	Baked Jacket	75p
Veggie Burger	£1.00	Baked Jacket	
Meat Free Sausage x2	£1.00	with 1 Filling	£1.00
Homemade Soup 7oz with Crusty Bread	65p	Baked Jacket with 2 Fillings	£1.50

70p

40p

75p

### hot deli

### **Snacks to Go**

Burger in a Bun	£2.20	Homemade Garl
Hot Sandwiches		and Herb Bread
and Filled Panini	from £2.30	Homemade Garl
Hot Baguettes and Wraps	from £2.30	and Herb Bread
Homemade Margherita Pi	zza <b>£1.10</b>	Homemade Chee
Add Extra Toppings	from 20p	Garlic Bread

Extras	
Chips/Fries/Wedges/ Hash Browns	£1.10
All Other Potato Choices	65 <b>p</b>
Cheese Portion	60p
Rice/Pasta/Noodles	65 <b>p</b>

### cold deli

Regular Range –			F
Egg, Cheese, Ham, Tuna		£1.40	N
Premium Range-			F
Any Other Fillings		£1.90	F
Filled Baguettes, Wraps			F
and Speciality Bread	from	£2.30	C
Add salad to any of the above	€	15p	Е
Pasta Salad Pots	from	£1.30	
Fresh Salad Pots	from	£1.20	
Plated Salads	from	£1.80	

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Fruit Juices	from 65p
Milk Carton	60p
Radnor Fizz	90p
Flavoured Water	90p
Radnor Carton	65p
Calypso Aquajuice	75p
Bottled Water	from 65p

½ Portion

esy/Tomato

Sandwich **Meal Deal** only £2.50

### desserts

### **Cookies / Cakes and Desserts**

Home Produced Cakes, Flapjack	85p
Home Produced Cookies	45p
Hot Dessert of the Day with Sauce	75p

### Extras Fruit Yoghurt 70p Frozen Yoghurt or Smoothie 50p Piece of Fresh Fruit 40p Regular Fresh Fruit Salad 80p Large Fresh Fruit Salad £1.30 Sauce Sachet 20p Flora Portion 15p

faster **fresher** fitter

